

Medical Release Waiver & Liability Waiver

I certify that I am the parent or legal guardian for my child(ren) and the waiver applies to all my registered swimmers. I hereby give my permission for any supervisor, coach or other team administrator associated with the Northern California Swim League to seek and give appropriate medical attention for our child(ren) in the event of accident, injury, illness. I will be responsible for any and all costs associated with any necessary medical attention and/or treatment.

- If you cannot contact me, as the parent or legal guardian of the Applicant, I hereby consent to the administration of emergency medical care to the Applicant as prescribed by a duly licensed doctor of medicine or doctor of dentistry. This care may be given as necessary to preserve the life, limb and well-being of the Applicant.
- I hereby consent to the Applicant's participation in any and all activities relating to the Northern California Swim League (the League), including but not limited to swim meets, both formal and informal, swim practices, social events and transportation to and from these activities.
- To the best of my knowledge, the Applicant is in good physical and emotional condition and health such that there are no restrictions on the Applicant's ability to participate in any of the activities of the League, including but not limited to swim meets, swim practices, social events and transportation to and from said activities.
- I hereby expressly assume all risks and hazards associated with the Applicant's participation in the League, waive and release the League from all liability for said risks and hazards, and agree to defend, indemnify and hold the League harmless from and against any and all claims, actions, damages, liabilities, costs and expenses (including attorney's fees and legal costs) arising from or in any way connected with Applicant's participation in the League. For purposes of this paragraph, the term League includes each of the following individuals and entities: the League and its directors, officers, officials, employees and volunteers; each member team of the League and its directors, officers, officials, employees, supervisors, coaches, members, parents, volunteers and participants of every type; and each member team's sponsoring club or entity.

By registering my child(ren) with the **Amador Polar Bears**, I agree to participate (or allow my child(ren) and family members to participate) in the **Amador Polar Bears**, and hereby release **Amador Polar Bears**, its directors, officers, agents, coaches, and employees from liability for any injury that might occur to myself (or to my child(ren) and family members) while participating in the **Amador Polar Bears** program, including travel to and from training sessions, swim meets or other scheduled team activities.

I agree to indemnify and hold harmless the above mentioned organizations and/or individuals, their agents and/or employees, against any and all liability for personal injury, including injuries resulting in death to me, my child(ren) and/or other family members, or damage to my property, the property to my child(ren) and/or other family members, or both, while I (or my child(ren) or family members) participating in the **Amador Polar Bears** program.