

Hey Scott, thanks for sending
me this Meet Program...but
how the heck do I read it?



FEC at Amador 2009 Non-Conference - 7/11/2009

Pre-Scratch

as of 7/9/2009

Meet Program - Finals

#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino

T.Syftstud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin

E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:30 AM

1	APB\$-NC	C	3:01.64
---	----------	---	---------

Feist, Ella W6 Seyboldt, Mallory W6

Gamboa, Makenna W5 Hermoso, Lucia W5

2	FEC	B	1:58.83
---	-----	---	---------

Rogalski, Elijah M5 Callahan, Rachel W6

Blumer, Natalie W5 Seargeant, William M5

3	APB\$-NC	A	1:44.39
---	----------	---	---------

Light, Vivian W6 King, Andre M6

First, lets go over some basic information.



#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks

G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch

B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:43 AM

1			
---	--	--	--

2	FEC	B	1:31.80
---	-----	---	---------

McCutcheon, Gage 9 Mata, Joseph 10

Rodgers, Logan 9 DeSantis, Giordan 9

3	APB\$-NC	A	1:19.38
---	----------	---	---------

Harlan, Mason 10 Crocker, Jacob 10

Howe, Jonathon 10 Speer, Dylan 10

4	FEC	A	1:16.79
---	-----	---	---------

Make sure you're looking at the right meet. The name and date always appear on top...see?



FEC at Amador 2009 Non-Conference - 7/11/2009

Pre-Scratch

as of 7/9/2009

Meet Program - Finals

Relay
El Camino
F. Sylvestad, H. Parra, C. Thomas, N. Runyon
2009NCSL: 1:13.33 2007 Rocklin
E. Terry, P. Gulnn, J. Risney, C. Wickwire
APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 08:30 AM			
1	APB\$-NC	C	3:01.64
	Feist, Ella W6	Seyboldt, Mallory W6	
	Gamboa, Makenna W5	Hermoso, Lucia W5	
2	FEC	B	1:58.83
	Rogalski, Elijah M5	Callahan, Rachel W6	
	Blumer, Natalie W5	Seargeant, William M5	
3	APB\$-NC	A	1:44.39
	Light, Vivian W6	King, Andre M6	

#3 Boys 7-8 100 Yard Medley Relay
2009Motherlo: 1:21.09 1994 Fulton-El Camino
A. Austin, M. Lukawski, O. Spears, B. Buchanan
2009NCSL: 1:10.69 2000 Arden Hills
A. Mills, M. Franz, F. Mayer, J. Butterfield
APB 5/30/09: 1:20.13 1986 Matt Steele, Mike
h Cazadd, David Richards

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 08:38 AM			
1			
2			
3	APB\$-NC	A	1:35.33
	Freihofner, Dylan 7	Gignilliat, Jack 8	
	Feist, Dominic 8	Passmore, Garrison 7	
4	FEC	A	1:27.79
	Bowen, Nicholas 7	Londeree, Alec 8	
	Moser, Blake 8	Sweiven, Luke 8	

#5 Boys 9-10 100 Yard Medley Relay
2009Motherlo: 1:09.67 1997 Fair Oaks
G. Imamura, T. Bolton, K. Biscaya, B. Pschand
2009NCSL: 1:03.18 2008 Johnson Ranch
B. Reno, R. Sanders, K. Koukol, H. Loomis
APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 08:43 AM			
1			
2	FEC	B	1:31.80
	McCutcheon, Gage 9	Mata, Joseph 10	
	Rodgers, Logan 9	DeSantis, Giordan 9	
3	APB\$-NC	A	1:19.38
	Harlan, Mason 10	Crocker, Jacob 10	
	Howe, Jonathon 10	Speer, Dylan 10	
4	FEC	A	1:16.79

FEC at Amador 2009 Non-Conference - 7/11/2009

Pre-Scratch

as of 7/9/2009

Meet Program Finals

#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27

T.Syftstud, H. Parra,

2009NCSL: 1:13

E. Terry, P. Gulnn, J.

APB 5/30/09: 1:28

Lauren Struffenegger

Lane Team

Heat 1 of 1 Finals

1	APB\$-NC	C	3:01.64
	Feist, Ella W6	Seyboldt, Mallory W6	
	Gamboa, Makenna W5	Hermoso, Lucia W5	
2	FEC	B	1:58.83
	Rogalski, Elijah M5	Callahan, Rachel W6	
	Blumer, Natalie W5	Seargeant, William M5	
3	APB\$-NC	A	1:44.39
	Light, Vivian W6	King, Andre M6	

#3 Boys 7-8 100 Yard Medley Relay

2009Motherlo: 1:27

B. Buchanan

2009NCSL: 1:13

E. Terry, P. Gulnn, J.

APB 5/30/09: 1:28

Lauren Struffenegger

Lane Team Relay Seed Time

Heat 1 of 1 Finals Starts at 08:43 AM

1			
2			
3	APB\$-NC	A	1:35.33
	Freihofner, Dylan 7	Gignilliat, Jack 8	
	Feist, Dominic 8	Passmore, Garrison 7	
4	FEC	A	1:27.79
	Bowen, Nicholas 7	Londeree, Alec 8	
	Moser, Blake 8	Sweiven, Luke 8	

#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks

G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch

B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,

el Bosch, Benjamin Rechter

Lane Team Relay Seed Time

Heat 1 of 1 Finals Starts at 08:43 AM

1			
2	FEC	B	1:31.80
	McCutcheon, Gage 9	Mata, Joseph 10	
	Rodgers, Logan 9	DeSantis, Giordan 9	
3	APB\$-NC	A	1:19.38
	Harlan, Mason 10	Crocker, Jacob 10	
	Howe, Jonathon 10	Speer, Dylan 10	
4	FEC	A	1:16.79

The version I mail will always be marked Pre-Scratch (unless I mess up). The day of the meet will differ slightly and not say Pre-Scratch.



FEC at Amador 2009 Non-Conference - 7/11/2009

Pre-Scratch

as of 7/9/2009

Meet Program - Finals

#1 Mixed 6 & Under 100 Yard Freestyle

2009Motherlo: 1:27.01 2001 Fulton

T.Syftstud, H. Parra, C. Thomas, N. Ru

2009NCSL: 1:13.33 2007 Rocklin

E. Terry, P. Gulnn, J. Risney, C. Wickwa

APB 5/30/09: 1:28.21 2004 Rebecca

Lauren Struffenegger, Danl Schoen

Lane Team Relay

Heat 1 of 1 Finals Starts at 08:30 AM

1 APB\$-NC C 3:01.64

Feist, Ella W6 Seyboldt, Mallory W6

Gamboa, Makenna W5 Hermoso, Lucia W5

2 FEC B 1:58.83

Rogalski, Elijah M5 Callahan, Rachel W6

Blumer, Natalie W5 Seargeant, William M5

3 APB\$-NC A 1:44.39

Light, Vivian W6 King, Andre M6

Only officials like head timer, meet ref, ready bench or judges get the final official version. But it will be posted and usually doesn't differ much from the mailed version.



Heat 1 of 1 Finals Starts at 08:38 AM

1

2

3 APB\$-NC A 1:35.33

Freihofner, Dylan 7 Gignilliat, Jack 8

Feist, Dominic 8 Passmore, Garrison 7

4 FEC A 1:27.79

Bowen, Nicholas 7 Londeree, Alec 8

Moser, Blake 8 Sweiven, Luke 8

#10 100 Yard Medley Relay

Motherlo: 1:09.67 1997 Fair Oaks

ura, T. Bolton, K. Biscaya, B. Pschand

NCSL: 1:03.18 2008 Johnson Ranch

R. Sanders, K. Koukol, H. Loomis

/30/09: 1:09.67 1997 Joshua Schob,

Benjamin Rechter

Team Relay Seed Time

Heat 1 of 1 Finals Starts at 08:43 AM

1

2 FEC B 1:31.80

McCutcheon, Gage 9 Mata, Joseph 10

Rodgers, Logan 9 DeSantis, Giordan 9

3 APB\$-NC A 1:19.38

Harlan, Mason 10 Crocker, Jacob 10

Howe, Jonathon 10 Speer, Dylan 10

4 FEC A 1:16.79

FEC at Amador 2009 Non-Conference - 7/11/2009

Pre-Scratch

as of 7/9/2009

Meet Program - Finals

#1 Mixed 6 & Under 100 Yard Freestyle

2009Motherlo: 1:27.01 2001 Fulton-

T.Syftstud, H. Parra, C. Thomas, N. Ru

2009NCSL: 1:13.33 2007 Rocklin

E. Terry, P. Gulnn, J. Risney, C. Wickwi

APB 5/30/09: 1:28.21 2004 Rebecca

Lauren Struffenegger, Danl Schoen

Lane Team Relay

Heat 1 of 1 Finals Starts at 08:30 AM

1 APB\$-NC C 3:01.64

Feist, Ella W6 Seyboldt, Mallory W6

Gamboa, Makenna W5 Hermoso, Lucia W5

2 FEC B 1:58.83

Rogalski, Elijah M5 Callahan, Rachel W6

Blumer, Natalie W5 Seargeant, William M5

3 APB\$-NC A 1:44.39

Light, Vivian W6 King, Andre M6

Now that you know you're looking at the right program, Let's see how we read (and understand) the details.



#10 100 Yard Medley Relay

Motherlo: 1:09.67 1997 Fair Oaks

Parra, T. Bolton, K. Biscaya, B. Pschand

NCSL: 1:03.18 2008 Johnson Ranch

R. Sanders, K. Koukol, H. Loomis

30/09: 1:09.67 1997 Joshua Schob,

Benjamin Rechter

Team Relay Seed Time

Heat 1 of 1 Finals Starts at 08:43 AM

1 1:31.80

2 FEC B 1:31.80

McCutcheon, Gage 9 Mata, Joseph 10

Rodgers, Logan 9 DeSantis, Giordan 9

3 APB\$-NC A 1:19.38

Harlan, Mason 10 Crocker, Jacob 10

Howe, Jonathon 10 Speer, Dylan 10

4 FEC A 1:16.79

FEC at Amador 2009 Non-Conference - 7/11/2009

Pre-Scratch

as of 7/9/2009

Meet Program - Finals

The details are in the order of events and each new event appears in bold. The first thing on the line is the event #. We start with event #1 then #2 followed by event #3...do you see a pattern here.



#1 M	Relay
2009 Motherlo	4 Fulton-El Camino
T.Syftstud, I	ears, B. Buchanan
2009NCS	00 Arden Hills
E. Terry, P. C	J. Butterfield
APB 5/30/09	86 Matt Steele, Mike
Lauren Struf	
Lane Team	Relay Seed Time

Heat	1 of 1	Finals	Starts at 08:30 AM
1	APB\$-NC	C	3:01.64
	Feist, Ella W6	Seyboldt, Mallory W6	
	Gamboa, Makenna W5	Hermoso, Lucia W5	
2	FEC	B	1:58.83
	Rogalski, Elijah M5	Callahan, Rachel W6	
	Blumer, Natalie W5	Seargeant, William M5	
3	APB\$-NC	A	1:44.39
	Light, Vivian W6	King, Andre M6	

Heat	1 of 1	Finals	Starts at 08:38 AM
1			
2			
3	APB\$-NC	A	1:35.33
	Freihofner, Dylan 7	Gignilliat, Jack 8	
	Feist, Dominic 8	Passmore, Garrison 7	
4	FEC	A	1:27.79
	Bowen, Nicholas 7	Londeree, Alec 8	
	Moser, Blake 8	Sweiven, Luke 8	

#5 Boys 9-10 100 Yard Medley Relay
2009Motherlo: 1:09.67 1997 Fair Oaks
G. Imamura, T. Bolton, K. Biscaya, B. Pschand
2009NCSL: 1:03.18 2008 Johnson Ranch
B. Reno, R. Sanders, K. Koukol, H. Loomis
APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter
Lane Team Relay Seed Time

Heat	1 of 1	Finals	Starts at 08:43 AM
1			
2	FEC	B	1:31.80
	McCutcheon, Gage 9	Mata, Joseph 10	
	Rodgers, Logan 9	DeSantis, Giordan 9	
3	APB\$-NC	A	1:19.38
	Harlan, Mason 10	Crocker, Jacob 10	
	Howe, Jonathon 10	Speer, Dylan 10	
4	FEC	A	1:16.79

FEC at Amador 2009 Non-Conference - 7/11/2009

Pre-Scratch

as of 7/9/2009

Meet Program - Finals

#1 M

2009 Motherlo

T.Syftstud, I

2009NCS

E. Terry, P. C

APB 5/30/09

Lauren Struf

Lane Team

Heat 1 of 1

1 APB\$-N

Feist, I

Gamboa, Makenna W5

2 FEC

Rogalski, Elijah M5

Blumer, Natalie W5

3 APB\$-NC

Light, Vivian W6

This is important because this is the number that will be announced over the loud speaker when it's time for your swimmer to be getting to the ready bench. Usually, the first announcement will give your swimmer plenty of time to get to the bench, remember their goggles, run back to get them and still get back to the bench in time to swim.



Hermoso, Lucia W5

B 1:58.83

Callahan, Rachel W6

Seargeant, William M5

A 1:44.39

King, Andre M6

3 APB\$-NC

Freihofner, Dylan 7

Feist, Dominic 8

4 FEC

Bowen, Nicholas 7

Moser, Blake 8

A

Gignilliat, Jack 8

Passmore, Garrison 7

A

Londeree, Alec 8

Sweiven, Luke 8

1:35.33

1:27.79

1:16.79

#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks

G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch

B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,

el Bosch, Benjamin Rechter

Lane Team Relay Seed Time

Heat 1 of 1 Finals Starts at 08:43 AM

1

2 FEC

McCutcheon, Gage 9

Rodgers, Logan 9

3 APB\$-NC

Harlan, Mason 10

Howe, Jonathon 10

4 FEC

B

Mata, Joseph 10

DeSantis, Giordan 9

A

Crocker, Jacob 10

Speer, Dylan 10

A

1:31.80

1:19.38

1:16.79

FEC at Amador 2009 Non-Conference - 7/11/2009

Pre-Scratch

as of 7/9/2009

Meet Program - Finals

#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino

T.Syftstud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin

E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,

Lauren Struffenegger, Danl Schoen

Lane Team Relay Seed Time

Heat 1 of 1 Finals Starts at 08:30 AM

1 APB\$-NC C 3:01.64

Feist, Ella W6 Seyboldt, Mallory W6

Gamboa, Makenna W5 Hermoso, Lucia W5

2 FEC B 1:58.83

Rogalski, Elijah M5 Callahan, Rachel W6

Blumer, Natalie W5 Seargeant, William M5

3 APB\$-NC A 1:44.39

Light, Vivian W6 King, Andre M6

#3 Boys 7

2009Motherlo: 1:27.01

A. Austin, M. Luka

2009NCSL: 1:13.33

A. Mills, M. Franz

APB 5/30/09: 1:28.21

h Cazadd, David R

Lane Team

Heat 1 of 1 Finals Starts at 08:38 AM

1

2

3 APB\$-NC A 1:35.33

Freihofner, Dylan 7 Gignilliat, Jack 8

Feist, Dominic 8 Passmore, Garrison 7

4 FEC A 1:27.79

Bowen, Nicholas 7 Londeree, Alec 8

Moser, Blake 8 Sweiven, Luke 8

Immediately after the Event #, is the word identifying the gender that is expected to be in the pool for this event. This is important, please be certain you know the gender of your swimmer prior to checking into the meet.



Heat 1 of 1 Finals Starts at 08:43 AM

1

2 FEC B 1:31.80

McCutcheon, Gage 9 Mata, Joseph 10

Rodgers, Logan 9 DeSantis, Giordan 9

3 APB\$-NC A 1:19.38

Harlan, Mason 10 Crocker, Jacob 10

Howe, Jonathon 10 Speer, Dylan 10

4 FEC A 1:16.79

3	Uribe-Smith, Cecilia	9	FEC	NT
4				
5				
6				

3	Bailey, Jacob	12	APB\$-NC	NT
4	Cahill, Thomas	12	APB\$-NC	NT
5				
6				

3	Reese, Tara	17	FEC	1:19.07
4	Ritz, Samantha	17	FEC	1:22.81
5				
6				

#13 Boys 9-10 100 Yard IM

2009Motherlo: 1:20.96
 2009NCSL: 1:12.84
 APB 5/30/09: 1:20.07

Lane Name

Heat 1 of 2 Finals Starts at 09:23 AM

1	Kelaita, David	10	APB\$-NC	1:37.51
2	Chang, Andrew	10	FEC	1:33.96
3	Crocker, Jacob	10	APB\$-NC	1:54.98
4	Synkov, Pavel	10	FEC	1:45.30
5	Harlan, Mason	10	APB\$-NC	
6	Millard, Tristan	10	FEC	

Heat 2 of 2 Finals Starts at 09:23 AM

1	Putz, Asa	9	APB\$-NC	NT
2	Mata, Joseph	10	FEC	NT
3	Wheat, Warren	10	APB\$-NC	NT
4	DeSantis, Giordan	9	FEC	2:00.34
5	Creach, Cameron	9	APB\$-NC	NT
6	Martinez, Ronan	9	FEC	NT

#14 Girls 11-12 100 Yard IM

2009Motherlo: 1:10.44 2002 Kelsie Shower

Then you should see the age group swimming in this event. Again, this is vital, because nothing can be more devastating for a 15 year olds ego than being passed by a 6 year old.

#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

Lane Name

Heat 2 of 2 Finals Starts at 09:38 AM

1	Brittany Rojo	13	APB\$-NC	1:20.52
2	Madace Valenzuela	13	FEC	1:27.32
3	Christl Hoskins	13	APB\$-NC	1:16.25
4	Dorais, Calla	13	FEC	1:40.42
5	Haley, Savannah	13	APB\$-NC	1:26.29
6	Helm, Megan	14	FEC	

Heat 2 of 2 Finals Starts at 09:38 AM

1				
2				
3	Dolce, Serena	13	FEC	1:26.48
4	Whitmore, Katelyn	14	FEC	1:29.76
5				
6				

#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

#19 Boys 15-18 100 Yard IM

2009Motherlo: 53.83 2008 Jonathan Leopold
 2009NCSL: 53.83 2008 Jonathan Leopold
 APB 5/30/09: 59.66 1991 Mack Hoskins

Lane Name Age Team Seed Time

Heat 1 of 2 Finals Starts at 09:49 AM

1	Arellano, Jeremy	17	APB\$-NC	1:07.73
2	Moser, Blair	16	FEC	1:07.00
3	Korematsu, Alan	17	APB\$-NC	1:00.99
4	Keller, Kristofer	17	FEC	1:00.95
5	Buckley, Christian	15	APB\$-NC	1:04.84
6	Mirsepasi, Kevin	18	FEC	1:12.42

Heat 2 of 2 Finals Starts at 09:51 AM

1	Mets, Braden	17	FEC	NT
2	Duran, Kristian	16	FEC	1:20.01
3	Eagle, Tyler	17	APB\$-NC	1:09.04
4	Ward, Brandon	17	FEC	1:12.64
5	Howe, Stephen	15	APB\$-NC	1:17.43
6				

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo: 17.50 2000 Brittany Rojo



3	Uribe-Smith, Cecilia	9 FEC	NT
4			
5			
6			

3	Bailey, Jacob	12 APB\$-NC	NT
4	Cahill, Thomas	12 APB\$-NC	NT
5			
6			

3	Reese, Tara	17 FEC	1:19.07
4	Ritz, Samantha	17 FEC	1:22.81
5			
6			

#13 Boys 9-10 100

2009Motherlo: 1:20.96 19
 2009NCSL: 1:12.84 20
 APB 5/30/09: 1:20.07 19

Lane Name

Heat 1 of 2 Finals Starts at

1	Kelaita, David		
2	Chang, Andrew		
3	Crocker, Jacob	10 APB\$-NC	1:37.51
4	Synkov, Pavel	10 FEC	1:33.96
5	Harlan, Mason	10 APB\$-NC	1:54.98
6	Millard, Tristan	10 FEC	1:45.30

Heat 2 of 2 Finals Starts at 09:23 AM

1	Putz, Asa	9 APB\$-NC	NT
2	Mata, Joseph	10 FEC	NT
3	Wheat, Warren	10 APB\$-NC	NT
4	DeSantis, Giordan	9 FEC	2:00.34
5	Creach, Cameron	9 APB\$-NC	NT
6	Martinez, Ronan	9 FEC	NT

#14 Girls 11-12 100 Yard IM

2009Motherlo: 1:10.44 2002 Kelsie Shower

After the age, you should see the distance of the race. This helps you keep your swimmer from stopping too soon or swimming longer than they need to.



3	Knattar, Anna	13 APB\$-NC	1:27.32
4	Dorais, Calla	13 FEC	1:16.25
5	Haley, Savannah	13 APB\$-NC	1:40.42
6	Helm, Megan	14 FEC	1:26.29

Heat 2 of 2 Finals Starts at 09:38 AM

1			
2			
3	Dolce, Serena	13 FEC	1:26.48
4	Whitmore, Katelyn	14 FEC	1:29.76
5			
6			

#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

#19 Boys 15-18 100 Yard IM

2009Motherlo: 53.83 2008 Jonathan Leopold
 2009NCSL: 53.83 2008 Jonathan Leopold
 APB 5/30/09: 59.66 1991 Mack Hoskdns

Lane Name Age Team Seed Time

Heat 1 of 2 Finals Starts at 09:49 AM

1	Arellano, Jeremy	17 APB\$-NC	1:07.73
2	Moser, Blair	16 FEC	1:07.00
3	Korematsu, Alan	17 APB\$-NC	1:00.99
4	Keller, Kristofer	17 FEC	1:00.95
5	Buckley, Christian	15 APB\$-NC	1:04.84
6	Mirsepasi, Kevin	18 FEC	1:12.42

Heat 2 of 2 Finals Starts at 09:51 AM

1	Mets, Braden	17 FEC	NT
2	Duran, Kristian	16 FEC	1:20.01
3	Eagle, Tyler	17 APB\$-NC	1:09.04
4	Ward, Brandon	17 FEC	1:12.64
5	Howe, Stephen	15 APB\$-NC	1:17.43
6			

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo: 17.50 2000 Brittany Rojo



3	Uribe-Smith, Cecilia	9	FEC	NT
4				
5				
6				

3	Bailey, Jacob	12	APB\$-NC	NT
4	Cahill, Thomas	12	APB\$-NC	NT
5				
6				

3	Reese, Tara	17	FEC	1:19.07
4	Ritz, Samantha	17	FEC	1:22.81
5				
6				

#13 Boys 9-10 100 Yard IM

2009Motherlo:	1:20.96	1997	Kur
2009NCSL:	1:12.84	2000	Dra
APB 5/30/09:	1:20.07	1986	Brya

Lane	Name	Age	Team	Time
Heat 1 of 2 Finals Starts at 09:20 AM				
1	Kelaita, David	9	APB	
2	Chang, Andrew	10	FEC	20.52
3	Crocker, Jacob	10	APB\$-NC	1:37.51
4	Synkov, Pavel	10	FEC	1:33.96
5	Harlan, Mason	10	APB\$-NC	1:54.98
6	Millard, Tristan	10	FEC	1:45.30

Heat 2 of 2 Finals Starts at 09:23 AM

1	Putz, Asa	9	APB\$-NC	NT
2	Mata, Joseph	10	FEC	NT
3	Wheat, Warren	10	APB\$-NC	NT
4	DeSantis, Giordan	9	FEC	2:00.34
5	Creach, Cameron	9	APB\$-NC	NT
6	Martinez, Ronan	9	FEC	NT

#14 Girls 11-12 100 Yard IM

2009Motherlo:	1:10.44	2002	Kelsie Shower
---------------	---------	------	---------------

Finally, on this line you should see the stroke being swam...swum...I don't know, anyway what your swimmer will be swimming.



Heat 2 of 2 Finals Starts at 09:38 AM

1				
2				
3	Dolce, Serena	13	FEC	1:26.48
4	Whitmore, Katelyn	14	FEC	1:29.76
5				
6				

#17 Boys 13-14 100 Yard IM

2009Motherlo:	1:03.19	1998	Eric Pilegaard
---------------	---------	------	----------------

#19 Boys 15-18 100 Yard IM

2009Motherlo:	53.83	2008	Jonathan Leopold
2009NCSL:	53.83	2008	Jonathan Leopold
APB 5/30/09:	59.66	1991	Mack Hoskdn

Lane	Name	Age	Team	Seed	Time
Heat 1 of 2 Finals Starts at 09:49 AM					
1	Arellano, Jeremy	17	APB\$-NC		1:07.73
2	Moser, Blair	16	FEC		1:07.00
3	Korematsu, Alan	17	APB\$-NC		1:00.99
4	Keller, Kristofer	17	FEC		1:00.95
5	Buckley, Christian	15	APB\$-NC		1:04.84
6	Mirsepasi, Kevin	18	FEC		1:12.42

Heat 2 of 2 Finals Starts at 09:51 AM

1	Mets, Braden	17	FEC	NT
2	Duran, Kristian	16	FEC	1:20.01
3	Eagle, Tyler	17	APB\$-NC	1:09.04
4	Ward, Brandon	17	FEC	1:12.64
5	Howe, Stephen	15	APB\$-NC	1:17.43
6				

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo:	17.50	2000	Brittany Rojo
---------------	-------	------	---------------

3 Uribe-Smith, Cecilia 9 FEC NT
4
5
6

#13 Boys 9-10 100 Yard IM

2009Motherlo: 1:20.96 1997 Kurt Biscaha
2009NCSL: 1:12.84 2000 Drake U'U
APB 5/30/09: 1:20.07 1986 Bryan Flynn

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

Heat 1 of 2 Finals Starts at 09:20 AM

1	Kelaita, David	9	APB\$-NC	2:01.71
2	Chang, Andrew	10	FEC	1:39.90
3	Crocker, Jacob	10	APB\$-NC	1:37.51
4	Synkov, Pavel	10	FEC	1:33.96
5	Harlan, Mason	10	APB\$-NC	1:54.98
6	Millard, Tristan	10	FEC	1:45.30

Heat 2 of 2 Finals Starts at 09:23 AM

1	Putz, Asa	9	APB\$-NC	NT
2	Mata, Joseph	10	FEC	NT
3	Wheat, Warren	10	APB\$-NC	NT
4	DeSantis, Giordan	9	FEC	2:00.34
5	Creach, Cameron	9	APB\$-NC	NT
6	Martinez, Ronan	9	FEC	NT

#14 Girls 11-12 100 Yard IM

2009Motherlo: 1:10.44 2002 Kelsie Shower

3 Bailey, Jacob 12 APB\$-NC NT
4 Cahill, Thomas 12 APB\$-NC NT
5
6

#16 Girls 13-14 100 Yard IM

5 Haley, Savannah 13 APB\$-NC 1:40.42
6 Helm, Megan 14 FEC 1:26.29

Heat 2 of 2 Finals Starts at 09:38 AM

1			
2			
3	Dolce, Serena	13	FEC 1:26.48
4	Whitmore, Katelyn	14	FEC 1:29.76
5			
6			

#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

3 Reese, Tara 17 FEC 1:19.07
4 Ritz, Samantha 17 FEC 1:22.81
5
6

#19 Boys 15-18 100 Yard IM

3 2008 Jonathan Leopold
3 2008 Jonathan Leopold
6 1991 Mack Hoskins

Age	Team	Seed	Time
-----	------	------	------

Starts at 09:49 AM

17	APB\$-NC	1:07.73
16	FEC	1:07.00
17	APB\$-NC	1:00.99
17	FEC	1:00.95
15	APB\$-NC	1:04.84
18	FEC	1:12.42

Heat 2 of 2 Finals Starts at 09:51 AM

1	Mets, Braden	17	FEC NT
2	Duran, Kristian	16	FEC 1:20.01
3	Eagle, Tyler	17	APB\$-NC 1:09.04
4	Ward, Brandon	17	FEC 1:12.64
5	Howe, Stephen	15	APB\$-NC 1:17.43
6			

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo: 17.50 2000 Brittany Rojo

Under the event line, you'll see the motherload, conference and Polar Bear records for this event. Traditionally, when reading these you should say something like "Wow, that's fast!"



3	Uribe-Smith, Cecilia	9	FEC	NT
4				
5				
6				

#13 Boys 9-10 100 Yard IM

2009Motherlo: 1:20.96 1997 Kurt Biscaya
 2009NCSL: 1:12.84 2000 Drake U'U
 APB 5/30/09: 1:20.07 1986 Bryan Flynn

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 09:20 AM				
1	Kelaita, David	9	APB\$-NC	2:01.1
2	Chang, Andrew	10	FEC	1:39.1
3	Crocker, Jacob	10	APB\$-NC	1:37.1
4	Synkov, Pavel	10	FEC	1:33.1
5	Harlan, Mason	10	APB\$-NC	1:54.1
6	Millard, Tristan	10	FEC	1:45.1

Heat 2 of 2 Finals Starts at 09:23 AM

1	Putz, Asa	9	APB\$-NC	NT
2	Mata, Joseph	10	FEC	NT
3	Wheat, Warren	10	APB\$-NC	NT
4	DeSantis, Giordan	9	FEC	2:00.34
5	Creach, Cameron	9	APB\$-NC	NT
6	Martinez, Ronan	9	FEC	NT

#14 Girls 11-12 100 Yard IM

2009Motherlo: 1:10.44 2002 Kelsie Shower

3	Bailey, Jacob	12	APB\$-NC	NT
4	Cahill, Thomas	12	APB\$-NC	NT
5				
6				

#16 Girls 13-14 100 Yard IM

2009Motherlo: 1:07.52 2007 Brittany Rojo
 2009NCSL: 1:02.81 2002 Candace Valenzuela
 APB 5/30/09: 1:09.37 1989 Kristi Hoskins

1				
2				
3	Dolce, Serena	13	FEC	1:26.48
4	Whitmore, Katelyn	14	FEC	1:29.76
5				
6				

#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

3	Reese, Tara	17	FEC	1:19.07
4	Ritz, Samantha	17	FEC	1:22.81
5				
6				

#19 Boys 15-18 100 Yard IM

2009Motherlo: 53.83 2008 Jonathan Leopold
 2009NCSL: 53.83 2008 Jonathan Leopold
 APB 5/30/09: 59.66 1991 Mack Hoskins

Lane	Name	Age	Team	Seed Time
Heat 1 Starts at 09:49 AM				
1	emy	17	APB\$-NC	1:07.73
2		16	FEC	1:07.00
3	lan	17	APB\$-NC	1:00.99
4	fer	17	FEC	1:00.95
5	istian	15	APB\$-NC	1:04.84
6	evin	18	FEC	1:12.42

Heat 2 Starts at 09:51 AM

1	Mets, Braden	17	FEC	NT
2	Duran, Kristian	16	FEC	1:20.01
3	Eagle, Tyler	17	APB\$-NC	1:09.04
4	Ward, Brandon	17	FEC	1:12.64
5	Howe, Stephen	15	APB\$-NC	1:17.43
6				

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo: 17.50 2000 Brittany Rojo

Under the records, you'll see the various heats for this event. Note, only the first heat scores points. Also note, the Starts at time is useful for figuring out how behind schedule we are ;-)



3 Uribe-Smith, Cecilia 9 FEC NT
4
5
6

#13 Boys 9-10 100 Yard IM

2009Motherlo: 1:20.96 1997 Kurt Biscaya
2009NCSL: 1:12.84 2000 Drake U'U
APB 5/30/09: 1:20.07 1986 Bryan Flynn

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:20 AM

1	Kelaita, David	9	APB\$-NC	2:01.71
2	Chang, Andrew	10	FEC	1:39.90
3	Crocker, Jacob	10	APB\$-NC	1:37.51
4	Synkov, Pavel			
5	Harlan, Mason			
6	Millard, Tristan			

Heat 2 of 2 Finals Starts at

1	Putz, Asa			
2	Mata, Joseph			
3	Wheat, Warren			
4	DeSantis, Giordan			
5	Creach, Cameron			
6	Martinez, Ronan	9	FEC	NT

#14 Girls 11-12 100 Yard IM

2009Motherlo: 1:10.44 2002 Kelsie Shower

3 Bailey, Jacob 12 APB\$-NC NT
4 Cahill, Thomas 12 APB\$-NC NT
5
6

#16 Girls 13-14 100 Yard IM

2009Motherlo: 1:07.52 2007 Brittany Rojo
2009NCSL: 1:02.81 2002 Candace Valenzuela
APB 5/30/09: 1:09.37 1989 Kristi Hoskins

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:35 AM

1				
2	Osborn, Sophie	13	FEC	1:20.52
3	Khattar, Anna	13	APB\$-NC	1:27.32

#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

3 Reese, Tara 17 FEC 1:19.07
4 Ritz, Samantha 17 FEC 1:22.81
5
6

#19 Boys 15-18 100 Yard IM

2009Motherlo: 53.83 2008 Jonathan Leopold
2009NCSL: 53.83 2008 Jonathan Leopold
APB 5/30/09: 59.66 1991 Mack Hoskins

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:49 AM

1	Arellano, Jeremy	17	APB\$-NC	1:07.73
2	Moser, Blair	16	FEC	1:07.00
3	Korematsu, Alan	17	APB\$-NC	1:00.99
4	Keller, Kristofer	17	FEC	1:00.95
5	Buckley, Christian	15	APB\$-NC	1:04.84
6	Mirsepasi, Kevin	18	FEC	1:12.42

Heat 2 of 2 Finals Starts at 09:51 AM

1	Mets, Braden	17	FEC	NT
2	Duran, Kristian	16	FEC	1:20.01
3	Eagle, Tyler	17	APB\$-NC	1:09.04
4	Ward, Brandon	17	FEC	1:12.64
5	Howe, Stephen	15	APB\$-NC	1:17.43
6				

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo: 17.50 2000 Brittany Rojo

Now we get to the part you care about...after all you put a lot of thought into naming your children, it's always nice to see that name in print once in a while.



3 Uribe-Smith, Cecilia 9 FEC NT
4
5
6

#13 Boys 9-10 100 Yard IM

2009Motherlo: 1:20.96 1997 Kurt Biscaya
2009NCSL: 1:12.84 2000 Drake U'U
APB 5/30/09: 1:20.07 1986 Bryan Flynn

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:20 AM

1	Kelaita, David	9	APB\$-NC	2:01.71
2	Chang, Andrew	10	FEC	1:39.90
3	Crocker, Jacob	10	APB\$-NC	1:37.51

4 Sykov, P

5

6 Mard, T

Heat 2 of 2 Finals Starts at 09:25 AM

1 Putz, Asa

2 Mata, Jose

3 Wheat, W

4 DeSantis,

5 Creach, C

6 Martinez, Ronan

9 FEC

NT

#14 Girls 11-12 100 Yard IM

2009Motherlo: 1:10.44 2002 Kelsie Shower

#16 Girls 13-14 100 Yard IM

2009Motherlo: 1:07.52 2007 Brittany Rojo
2009NCSL: 1:02.81 2002 Candace Valenzuela
APB 5/30/09: 1:09.37 1989 Kristi Hoskins

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:35 AM

1				
2	Osborn, Sophie	13	FEC	1:20.52
3	Khattar, Anna	13	APB\$-NC	1:27.32

4

5

6

Heat 2 of 2 Finals Starts at 09:40 AM

1

2

3

4

5

6

#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

3 Reese, Tara 17 FEC 1:19.07
4 Ritz, Samantha 17 FEC 1:22.81
5
6

#19 Boys 15-18 100 Yard IM

2009Motherlo: 53.83 2008 Jonathan Leopold
2009NCSL: 53.83 2008 Jonathan Leopold
APB 5/30/09: 59.66 1991 Mack Hoskins

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:49 AM

1	Arellano, Jeremy	17	APB\$-NC	1:07.73
2	Moser, Blair	16	FEC	1:07.00
3	Korematsu, Alan	17	APB\$-NC	1:00.99

4 Keller, Kristofer 17 FEC 1:00.95

5 Buckley, Christian 15 APB\$-NC 1:04.84

6 Mirsepassi, Kevin 18 FEC 1:12.42

Heat 2 of 2 Finals Starts at 09:51 AM

1 Mets, Braden 17 FEC NT

2 Duran, Kristian 16 FEC 1:20.01

3 Eagle, Tyler 17 APB\$-NC 1:09.04

4 Ward, Brandon 17 FEC 1:12.64

5 Howe, Stephen 15 APB\$-NC 1:17.43

6

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo: 17.50 2000 Brittany Rojo

Immediately before your swimmers name, is the lane they will be swimming in...you should watch that lane.



3 Uribe-Smith, Cecilia 9 FEC NT
4
5
6

#13 Boys 9-10 100 Yard IM

2009Motherlo: 1:20.96 1997 Kurt Biscaya
2009NCSL: 1:12.84 2000 Drake U'U
APB 5/30/09: 1:20.07 1986 Bryan Flynn

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:20 AM

1	Kelaita, David	9	APB\$-NC	2:01.71
2	Chang, Andrew	10	FEC	1:39.90
3	Crocker, Jacob	10	APB\$-NC	1:37.51
4	Synkov, Pavel	10	FEC	1:33.96
5	Harlan, Mason	10	APB\$-NC	
6	Millard, Tristan	10	FEC	1:45.30

Heat 2 of 2 Finals Starts at 09:23 AM

1	Putz, Asa	9	APB\$-NC	NT
2	Mata, Joseph	10	FEC	NT
3	Wheat, Warren	10	APB\$-NC	NT
4	DeSantis, Giordan	9	FEC	2:00.34
5	Creach, Cameron	9	APB\$-NC	NT
6	Martinez, Ronan	9	FEC	NT

#14 Girls 11-12 100 Yard IM

2009Motherlo: 1:10.44 2002 Kelsie Shower

3 Bailey, Jacob 12 APB\$-NC NT
4 Cahill, Thomas 12 APB\$-NC NT
5
6

#16 Girls 13-14 100 Yard IM

2009Motherlo: 1:07.52 2007 Brittany Rojo
2009NCSL: 1:02.81 2002 Candace Valenzuela
APB 5/30/09: 1:09.37 1989 Kristi Hoskins

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:35 AM

1				
2	Osborn, Sophie	13	FEC	1:20.52
3	Khattar, Anna	13	APB\$-NC	1:27.32

Next to your kids name, you'll see their age and team (which should be APB-NC - standing for Amador Polar Bears - Nor Cal).



#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

3 Reese, Tara 17 FEC 1:19.07
4 Ritz, Samantha 17 FEC 1:22.81
5
6

#19 Boys 15-18 100 Yard IM

2009Motherlo: 53.83 2008 Jonathan Leopold
2009NCSL: 53.83 2008 Jonathan Leopold
APB 5/30/09: 59.66 1991 Mack Hoskins

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:49 AM

1	Arellano, Jeremy	17	APB\$-NC	1:07.73
2	Moser, Blair	16	FEC	1:07.00
3	Korematsu, Alan	17	APB\$-NC	1:00.99
		17	FEC	1:00.95
		15	APB\$-NC	1:04.84
		18	FEC	1:12.42

Starts at 09:51 AM

		17	FEC	NT
		16	FEC	1:20.01
		17	APB\$-NC	1:09.04
		17	FEC	1:12.64
		15	APB\$-NC	1:17.43

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo: 17.50 2000 Brittany Rojo

3	Uribe-Smith, Cecilia	9	FEC	NT
4				
5				
6				

#13 Boys 9-10 100 Yard IM

2009Motherlo: 1:20.96 1997 Kurt Biscaya
 2009NCSL: 1:12.84 2000 Drake U'U
 APB 5/30/09: 1:20.07 1986 Bryan Flynn

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:20 AM

1	Kelaita, David	9	APB\$-NC	2:01.71
2	Chang, Andrew	10	FEC	1:39.90
3	Crocker, Jacob	10	APB\$-NC	1:37.51
4	Synkov, Pavel	10	FEC	1:33.96
5	Harlan, Mason	10	APB\$-NC	1:54.98
6	Millard, Tristan	10	FEC	1:45.30

Heat 2 of 2 Finals Starts at 09:23 AM

1	Putz, Asa	9	APB\$-NC	NT
2	Mata, Joseph	10	FEC	NT
3	Wheat, Warren	10	APB\$-NC	NT
4	DeSantis, Giordan	9	FEC	2:00.34
5	Creach, Cameron	9	APB\$-NC	NT
6	Martinez, Ronan	9	FEC	NT

#14 Girls 11-12 100 Yard IM

2009Motherlo: 1:10.44 2002 Kelsie Shower

3	Bailey, Jacob	12	APB\$-NC	NT
4	Cahill, Thomas	12	APB\$-NC	NT
5				
6				

#16 Girls 13-14 100 Yard IM

2009Motherlo: 1:07.52 2007 Brittany Rojo
 2009NCSL: 1:02.81 2002 Candace Valenzuela
 APB 5/30/09: 1:09.37 1989 Kristi Hoskins

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:35 AM

1				
2	Osborn, Sophie	13	FEC	1:20.52
3	Khattar, Anna	13	APB\$-NC	1:27.32
4				

6				
---	--	--	--	--

Heat 1 of 2 Finals Starts at 09:35 AM

1				
2				
3				
4				
5				
6				

#17 Boys 13-14 100 Yard IM

2009Motherlo: 1:03.19 1998 Eric Pilegaard

3	Reese, Tara	17	FEC	1:19.07
4	Ritz, Samantha	17	FEC	1:22.81
5				
6				

#19 Boys 15-18 100 Yard IM

2009Motherlo: 53.83 2008 Jonathan Leopold
 2009NCSL: 53.83 2008 Jonathan Leopold
 APB 5/30/09: 59.66 1991 Mack Hoskins

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals Starts at 09:49 AM

1	Arellano, Jeremy	17	APB\$-NC	1:07.73
2	Moser, Blair	16	FEC	1:07.00
3	Korematsu, Alan	17	APB\$-NC	1:00.99
4				

5				
6				

Heat 1 of 2 Finals Starts at 09:49 AM

1				
2				
3				
4				
5				
6				

#20 Girls 6 & Under 25 Yard Freestyle

2009Motherlo: 17.50 2000 Brittany Rojo

And then, you should see your swimmers seed time for this event. Seed time just means the fastest they've ever swam this event in competition. Traditional, you are supposed to reward them if they beat this time.



#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino
T.Syftestud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin
E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:30 AM

1	APB\$-NC	C	3:01.64
---	----------	---	---------

	Feist, Ella W6	Seyboldt, M	
	Gamboa, Makenna W5	Hermoso, Lu	

2	FEC	B	
---	-----	---	--

	Rogalski, Elijah M5	Callahan, Ra	
	Blumer, Natalie W5	Seargeant, V	

3	APB\$-NC	A	
---	----------	---	--

	Light, Vivian W6	King, Andre	
	Wilson, Rachael W6	Purdy, Morg	

4	FEC	A	1:39.44
---	-----	---	---------

	Sweiven, Annie W6	Londeree, Brooke W5	
	Klinger, Jake M6	Seargeant, Olivia W6	

5	APB\$-NC	B	2:25.06
---	----------	---	---------

	Dehn, Sidney W6	Bailey, Ryan M5	
	Harlan, Seth M5	Crosby, Chloe W5	

6	FEC	C	2:11.20
---	-----	---	---------

	Wolfe, Emma W6	Elliott, Mark M6	
	Osborn, Theo M6	Kaiser, Lucas M6	

#3 Boys 7-8 100 Yard Medley Relay

2009Motherlo: 1:21.09 1994 Fulton-El Camino
A. Austin, M. Lukawski, O. Spears, B. Buchanan

2009NCSL: 1:10.69 2000 Arden Hills
A. Mills, M. Franz, F. Mayer, J. Butterfield

APB 5/30/09: 1:20.13 1986 Matt Steele, Mike
h Cazadd, David Richards

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:38 AM

1			
---	--	--	--

			1:35.33
			8

			ison 7
--	--	--	--------

			1:27.79
			8

			8
--	--	--	---

			2:15.97
--	--	--	---------

--	--	--	--

	Howe, Daniel 7	Speer, Ryan 7	
	Wilson, Grant 8	Strazzo, Carter 7	

6			
---	--	--	--

#4 Girls 9-10 100 Yard Medley Relay

2009Motherlo: 1:07.82 2004 West Sacramento
E. Oliphint, A. Lilledoll, B. Rojo, R. McNeil

2009NCSL: 1:02.13 1997 Gold River
A. K. McG...

#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks
G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch
B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:43 AM

1			
---	--	--	--

2	FEC	B	1:31.80
	McCutcheon, Gage 9	Mata, Joseph 10	
	Rodgers, Logan 9	DeSantis, Giordan 9	

3	APB\$-NC	A	1:19.38
---	----------	---	---------

	Harlan, Mason 10	Crocker, Jacob 10	
	Howe, Jonathon 10	Speer, Dylan 10	

4	FEC	A	1:16.79
---	-----	---	---------

	Millard, Tristan 10	Synkov, Pavel 10	
	Douglass, Noah 9	Chang, Andrew 10	

5	APB\$-NC	B	1:38.93
---	----------	---	---------

	Putz, Asa 9	Kelaita, David 9	
	Wheat, Warren 10	Todd, Cullen 10	

6	FEC	C	2:02.75
---	-----	---	---------

	Day, Zac 7	Carroll, Vincent 10	
	Martinez, Ronan 9	Brady, Gannon 7	

--	--	--	--

#6 Girls 11-12 200 Yard Medley Relay

#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino
T.Syftstud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin
E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:30 AM

1	APB\$-NC	C	3:01.64
---	----------	---	---------

	Feist, Ella W6	Seyboldt, Mallory W6	
	Gamboa, Makenna W5	Hermoso, Lucia W5	

2	FEC	B	1:58.83
---	-----	---	---------

	Rogalski, Elijah M5	Callahan, Rachel W6	
	Blumer, Natalie W5	Seargeant, Willi	

3	APB\$-NC	A	
---	----------	---	--

	Light, Vivian W6	King, Andre M6	
	Wilson, Rachael W6	Purdy, Morgan	

4	FEC	A	
---	-----	---	--

	Sweiven, Annie W6	Londeree, Brook	
	Klinger, Jake M6	Seargeant, Oliver	

5	APB\$-NC	B	
---	----------	---	--

	Dehn, Sidney W6	Bailey, Ryan M	
	Harlan, Seth M5	Crosby, Chloe V	

6	FEC	C	
---	-----	---	--

	Wolfe, Emma W6	Elliott, Mark M6	
	Osborn, Theo M6	Kaiser, Lucas M6	

#3 Boys 7-8 100 Yard Medley Relay

2009Motherlo: 1:21.09 1994 Fulton-El Camino
A. Austin, M. Lukawski, O. Spears, B. Buchanan

2009NCSL: 1:10.69 2000 Arden Hills
A. Mills, M. Franz, F. Mayer, J. Butterfield

APB 5/30/09: 1:20.13 1986 Matt Steele, Mike
h Cazadd, David Richards

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:38 AM

1			
---	--	--	--

2			
---	--	--	--

3	APB\$-NC	A	1:35.33
---	----------	---	---------

	Freihofner, Dylan 7	Gignilliat, Jack 8	
--	---------------------	--------------------	--

We can swim up to 3 relay teams in an event. They are A, B or C (clever huh?). The A relay is the fastest, the C relay is the happiest to be getting to swim a relay.

**#5 Boys 9-10 100 Yard Medley Relay**

2009Motherlo: 1:09.67 1997 Fair Oaks
G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch
B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:43 AM

1			
---	--	--	--

2	FEC	B	1:31.80
---	-----	---	---------

	McCutcheon, Gage 9	Mata, Joseph 10	
	Rodgers, Logan 9	DeSantis, Giordan 9	

3	APB\$-NC	A	1:19.38
---	----------	---	---------

	Harlan, Mason 10	Crocker, Jacob 10	
	Howe, Jonathon 10	Speer, Dylan 10	

4	FEC	A	1:16.79
---	-----	---	---------

	Millard, Tristan 10	Synkov, Pavel 10	
	Douglass, Noah 9	Chang, Andrew 10	

5	APB\$-NC	B	1:38.93
---	----------	---	---------

	Putz, Asa 9	Kelaita, David 9	
	Wheat, Warren 10	Todd, Cullen 10	

6	FEC	C	2:02.75
---	-----	---	---------

	Day, Zac 7	Carroll, Vincent 10	
	Martinez, Ronan 9	Brady, Gannon 7	

#6 Girls 11-12 200 Yard Medley Relay

#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino
T.Syftstud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin
E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:30 AM

1 APB\$-NC

Feist, Ella W6

Gamboa, Makenzie W5

2 FEC

Rogalski, Elijah M5

Blumer, Natalie W5

3 APB\$-NC

Light, Vivian W6

Wilson, Rachael W6

4 FEC

Sweiven, Annie W6

Klinger, Jake M6

5 APB\$-NC

Dehn, Sidney W6

Harlan, Seth M5

6 FEC

Wolfe, Emma W6

Osborn, Theo M6

The order the swimmers swim in the relay is the order they will appear in the program.



A 1:39.44

Londeree, Brooke W5

Seargeant, Olivia W6

B 2:25.06

Bailey, Ryan M5

Crosby, Chloe W5

C 2:11.20

Elliott, Mark M6

Kaiser, Lucas M6

#3 Boys 7-8 100 Yard Medley Relay

2009Motherlo: 1:21.09 1994 Fulton-El Camino
A. Austin, M. Lukawski, O. Spears, B. Buchanan

2009NCSL: 1:10.69 2000 Arden Hills

A. Mills, M. Franz, F. Mayer, J. Butterfield

APB 5/30/09: 1:20.13 1986 Matt Steele, Mike
h Cazadd, David Richards

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:38 AM

1:35.33

iat, Jack 8

ore, Garrison 7

1:27.79

ee, Alec 8

n, Luke 8

2:15.97

Howe, Daniel 7

Wilson, Grant 8

6

Speer, Ryan 7

Strazzo, Carter 7

#4 Girls 9-10 100 Yard Medley Relay

2009Motherlo: 1:07.82 2004 West Sacramento
E. Oliphint, A. Lilledoll, B. Rojo, R. McNeil

2009NCSL: 1:02.13 1997 Gold River

A. K. McGee, N. L. Lilledoll, K. M. McNeil, A. V. Lilledoll

#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks

G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch

B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:43 AM

1

2 FEC

McCutcheon, Gage 9

Rodgers, Logan 9

3 APB\$-NC

Harlan, Mason 10

Howe, Jonathon 10

4 FEC

Millard, Tristan 10

Douglass, Noah 9

5 APB\$-NC

Putz, Asa 9

Wheat, Warren 10

6 FEC

Day, Zac 7

Martinez, Ronan 9

B

1:31.80

Mata, Joseph 10

DeSantis, Giordan 9

A

1:19.38

Crocker, Jacob 10

Speer, Dylan 10

A

1:16.79

Synkov, Pavel 10

Chang, Andrew 10

1:38.93

B

Kelaita, David 9

Todd, Cullen 10

C

2:02.75

Carroll, Vincent 10

Brady, Gannon 7

#6 Girls 11-12 200 Yard Medley Relay

#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino
T.Syftestud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin
E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:30 AM

1	APB\$-NC	C	3:01.64
---	----------	---	---------

Feist, Ella W6

Gamboa, Makenna W6

2 FEC

Rogalski, Elijah M5

Blumer, Natalie W5

3 APB\$-NC

Light, Vivian W6

Wilson, Rachael W6

4 FEC

Sweiven, Annie W6

Klinger, Jake M6

5 APB\$-NC

Dehn, Sidney W6

Harlan, Seth M5

6 FEC

Wolfe, Emma W6

Osborn, Theo M6

Seyboldt, Mal

Hermoso, Luc

B

Callahan, Rac

Seargeant, Wi

A

King, Andre M6

Purdy, Morgan W6

A

Londeree, Brooke W5

Seargeant, Olivia W6

B

Bailey, Ryan M5

Crosby, Chloe W5

C

Elliott, Mark M6

Kaiser, Lucas M6

#3 Boys 7-8 100 Yard Medley Relay

2009Motherlo: 1:21.09 1994 Fulton-El Camino
A. Austin, M. Lukawski, O. Spears, B. Buchanan

2009NCSL: 1:10.69 2000 Arden Hills
A. Mills, M. Franz, F. Mayer, J. Butterfield

APB 5/30/09: 1:20.13 1986 Matt Steele, Mike
h Cazadd, David Richards

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:38 AM

1			
---	--	--	--

A 1:35.33

Gignilliat, Jack 8

Passmore, Garrison 7

A 1:27.79

Bowen, Nicholas 7

Moser, Blake 8

Londeree, Alec 8

Sweiven, Luke 8

5 APB\$-NC

Howe, Daniel 7

Wilson, Grant 8

Speer, Ryan 7

Strazzo, Carter 7

6

#4 Girls 9-10 100 Yard Medley Relay

2009Motherlo: 1:07.82 2004 West Sacramento
E. Oliphint, A. Lilledoll, B. Rojo, R. McNeil

2009NCSL: 1:02.13 1997 Gold River

A. K. M. C. L. N. L. L. K. M. A. V. L. L.

#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks

G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch

B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:43 AM

1			
---	--	--	--

2 FEC

McCutcheon, Gage 9

Rodgers, Logan 9

3 APB\$-NC

Harlan, Mason 10

Howe, Jonathon 10

4 FEC

Millard, Tristan 10

Douglass, Noah 9

5 APB\$-NC

Putz, Asa 9

Wheat, Warren 10

6 FEC

Day, Zac 7

Martinez, Ronan 9

B

Mata, Joseph 10

DeSantis, Giordan 9

A

Crocker, Jacob 10

Speer, Dylan 10

A

Synkov, Pavel 10

Chang, Andrew 10

B

Kelaita, David 9

Todd, Cullen 10

C

Carroll, Vincent 10

Brady, Gannon 7

#6 Girls 11-12 200 Yard Medley Relay

#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino
T.Syftstud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin
E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:30 AM

1	APB\$-NC	C	3:01.64
---	----------	---	---------

Feist, Ella W6	Seyboldt, Mallory W6
Gamboa, Makenna W5	

2	FEC	B	1:58.83
---	-----	---	---------

Rogalski, Elijah M5	Callahan, Rachel W6
Blumer, Natalie W5	Seargeant, William M5

3	APB\$-NC	A	1:44.39
---	----------	---	---------

Light, Vivian W6	King, Andre M6
Wilson, Rachael W6	Purdy, Morgan W6

4	FEC	A	1:39.44
---	-----	---	---------

Sweiven, Annie W6	Londeree, Brooke W5
Klinger, Jake M6	Seargeant, Olivia W6

5	APB\$-NC	B	2:25.06
---	----------	---	---------

Dehn, Sidney W6	Bailey, Ryan M5
Harlan, Seth M5	Crosby, Chloe W5

6	FEC	C	2:11.20
---	-----	---	---------

Wolfe, Emma W6	Elliott, Mark M6
Osborn, Theo M6	Kaiser, Lucas M6

#3 Boys 7-8 100 Yard Medley Relay

2009Motherlo: 1:21.09 1994 Fulton-El Camino
A. Austin, M. Lukawski, O. Spears, B. Buchanan

2009NCSL: 1:10.69 2000 Arden Hills
A. Mills, M. Franz, F. Mayer, J. Butterfield

APB 5/30/09: 1:20.13 1986 Matt Steele, Mike
h Cazadd, David Richards

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:38 AM

1			
---	--	--	--

			1:35.33
--	--	--	---------

	Jack 8		
--	--------	--	--

	Garrison 7		1:27.79
--	------------	--	---------

	Bowen, Nicholas 7	Londeree, Alec 8	
--	-------------------	------------------	--

	Moser, Blake 8	Sweiven, Luke 8	
--	----------------	-----------------	--

5	APB\$-NC	B	2:15.97
---	----------	---	---------

	Howe, Daniel 7	Speer, Ryan 7	
	Wilson, Grant 8	Strazzo, Carter 7	

6			
---	--	--	--

#4 Girls 9-10 100 Yard Medley Relay

2009Motherlo: 1:07.82 2004 West Sacramento
E. Oliphint, A. Lilledoll, B. Rojo, R. McNeil

2009NCSL: 1:02.13 1997 Gold River
A. K. McGee, N. L. Lilledoll, K. M. McNeil, A. V. Lilledoll

#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks
G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch
B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:43 AM

1			
---	--	--	--

2	FEC	B	1:31.80
---	-----	---	---------

	McCutcheon, Gage 9	Mata, Joseph 10	
	Rodgers, Logan 9	DeSantis, Giordan 9	

3	APB\$-NC	A	1:19.38
---	----------	---	---------

	Harlan, Mason 10	Crocker, Jacob 10	
	Howe, Jonathon 10	Speer, Dylan 10	

4	FEC	A	1:16.79
---	-----	---	---------

	Millard, Tristan 10	Synkov, Pavel 10	
	Douglass, Noah 9	Chang, Andrew 10	

5	APB\$-NC	B	1:38.93
---	----------	---	---------

	Putz, Asa 9	Kelaita, David 9	
	Wheat, Warren 10	Todd, Cullen 10	

6	FEC	C	2:02.75
---	-----	---	---------

	Day, Zac 7	Carroll, Vincent 10	
	Martinez, Ronan 9	Brady, Gannon 7	

#6 Girls 11-12 200 Yard Medley Relay

#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino
T.Syftstud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin
E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:30 AM

1	APB\$-NC	C	3:01.64
---	----------	---	---------

	Feist, Ella W6	Seyboldt, Mallory W6
	Gamboa, Makenna W5	Hermoso, Lucia W5

2	FEC	B	1:58.83
---	-----	---	---------

	Rogalski, Elijah M5	Callahan, Rachel W6
	Blumer, Natalie W5	Seargeant, William M5

3	APB\$-NC	A	1:44.39
---	----------	---	---------

	Light, Vivian W6	King, Andre M6
	Wilson, Rachael W6	Purdy, Morgan W6

4	FEC	A	1:39.44
---	-----	---	---------

	Sweiven, Annie W6	Londeree, Brooke W5
	Klinger, Jake M6	Seargeant, Olivia W6

5	APB\$-NC	B	2:25.06
---	----------	---	---------

	Dehn, Sidney W6	Bailey, Ryan M5
	Harlan, Seth M5	Crosby, Chloe W5

6	FEC	C	2:11.20
---	-----	---	---------

	Wolfe, Emma W6	Elliott, Mark M6
	Osborn, Theo M6	Kaiser, Lucas M6

#3 Boys 7-8 100 Yard Medley Relay

2009Motherlo: 1:21.09 1994 Fulton-El Camino
A. Austin, M. Lukawski, O. Spears, B. Buchanan

2009NCSL: 1:10.69 2000 Arden Hills
A. Mills, M. Franz, F. Mayer, J. Butterfield

APB 5/30/09: 1:20.13 1986 Matt Steele, Mike
h Cazadd, David Richards

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:38 AM

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

#4 Girls 9-10 100 Yard Medley Relay

2009Motherlo: 1:07.82 2004 West Sacramento
E. Oliphint, A. Lilledoll, B. Rojo, R. McNeil

2009NCSL: 1:02.13 1997 Gold River
A. K. McGee, J. N. Lilledoll, K. M. McNeil, A. V. Lilledoll

#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks
G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch
B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:43 AM

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

#6 Girls 11-12 200 Yard Medley Relay

4th Swimmer



#1 Mixed 6 & Under 100 Yard Freestyle Relay

2009Motherlo: 1:27.01 2001 Fulton-El Camino
T.Syftstud, H. Parra, C. Thomas, N. Runyon

2009NCSL: 1:13.33 2007 Rocklin
E. Terry, P. Gulnn, J. Risney, C. Wickwire

APB 5/30/09: 1:28.21 2004 Rebecca Valencia,
Lauren Struffenegger, Danl Schoen

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:30 AM

1	APB\$-NC	C	3:01.64
---	----------	---	---------

	Feist, Ella W6		
--	----------------	--	--

	Gamboa, Mak		
--	-------------	--	--

2	FEC		
---	-----	--	--

	Rogalski, Elija		
--	-----------------	--	--

	Blumer, Natal		
--	---------------	--	--

3	APB\$-NC		
---	----------	--	--

	Light, Vivian W		
--	-----------------	--	--

	Wilson, Rachael W6		
--	--------------------	--	--

4	FEC	A	1:39.44
---	-----	---	---------

	Sweiven, Annie W6		
--	-------------------	--	--

	Klinger, Jake M6		
--	------------------	--	--

5	APB\$-NC	B	2:25.06
---	----------	---	---------

	Dehn, Sidney W6		
--	-----------------	--	--

	Harlan, Seth M5		
--	-----------------	--	--

6	FEC	C	2:11.20
---	-----	---	---------

	Wolfe, Emma W6		
--	----------------	--	--

	Osborn, Theo M6		
--	-----------------	--	--

	Purdy, Morgan W6		
--	------------------	--	--

	Londeree, Brooke W5		
--	---------------------	--	--

	Seargeant, Olivia W6		
--	----------------------	--	--

	Bailey, Ryan M5		
--	-----------------	--	--

	Crosby, Chloe W5		
--	------------------	--	--

	Elliott, Mark M6		
--	------------------	--	--

	Kaiser, Lucas M6		
--	------------------	--	--

#3 Boys 7-8 100 Yard Medley Relay

2009Motherlo: 1:21.09 1994 Fulton-El Camino
A. Austin, M. Lukawski, O. Spears, B. Buchanan

2009NCSL: 1:10.69 2000 Arden Hills
A. Mills, M. Franz, F. Mayer, J. Butterfield

APB 5/30/09: 1:20.13 1986 Matt Steele, Mike
h Cazadd, David Richards

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:38 AM

1			
---	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

5	APB\$-NC	B	2:15.97
---	----------	---	---------

	Howe, Daniel 7		
--	----------------	--	--

	Wilson, Grant 8		
--	-----------------	--	--

6			
---	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

#4 Girls 9-10 100 Yard Medley Relay

2009Motherlo: 1:07.82 2004 West Sacramento
E. Oliphint, A. Lilledoll, B. Rojo, R. McNeil

2009NCSL: 1:02.13 1997 Gold River
A. K. McG...

#5 Boys 9-10 100 Yard Medley Relay

2009Motherlo: 1:09.67 1997 Fair Oaks
G. Imamura, T. Bolton, K. Biscaya, B. Pschand

2009NCSL: 1:03.18 2008 Johnson Ranch
B. Reno, R. Sanders, K. Koukol, H. Loomis

APB 5/30/09: 1:09.67 1997 Joshua Schob,
el Bosch, Benjamin Rechter

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals Starts at 08:43 AM

1			
---	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

5	APB\$-NC	B	1:38.93
---	----------	---	---------

	Putz, Asa 9		
--	-------------	--	--

	Wheat, Warren 10		
--	------------------	--	--

6	FEC	C	2:02.75
---	-----	---	---------

	Day, Zac 7		
--	------------	--	--

	Martinez, Ronan 9		
--	-------------------	--	--

	Carroll, Vincent 10		
--	---------------------	--	--

	Brady, Gannon 7		
--	-----------------	--	--

--	--	--	--

#6 Girls 11-12 200 Yard Medley Relay

In a Medley Relay, the order also tells you what stroke your swimmer will be swimming (hopefully).



Thanks Scott. It all makes sense now.

